

North Shore Canoe Club

News Update July 2016

<http://www.northshorecanoecub.org.nz/>



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Women's Open K4



ATHLETE'S on the go

First up is the inspiring NZ Olympic Team. All the best with the training and Rio.

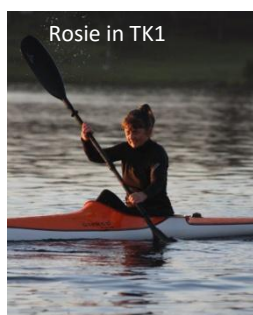
This week our U23 & Junior World Sprint team headed for Slovenia. The training location for the next 3 weeks is stunning.



Slovenia

Photo by
Alison Pritchard

Sarah and Rochelle have been selected for the World Marathon champs in Germany later in September.



Rosie in TK1

TRAINING

Back home the morning training continues to attract good numbers despite the cold. NZCT have provided another grant to fund Gav.

Thanks to Pub Charity we have two new Training K1s which are currently being enjoyed by our masters paddlers.



Preparing for World Masters Games

CLUB DINNER AND SLEEP OVER

Gav has booked out the club for a dinner and movie night on the Friday 15th July. For those who want to be early for training the Sat there is a sleep over. Please email Gav for more details

coaching@northshorecanoecub.org.nz

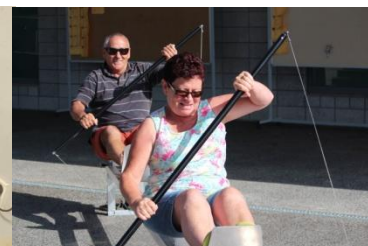
CLUB ROOMS AND LEASE

As mentioned previously we have the lease renewed for 10 + 10+10 years and approval to start the extension process. Special thanks to Luke for seeing this long process through with such a great

result. The committee has engaged Cadman Architectural Design Ltd to the detailed design. As part of this we will be asking club members for input into the specific details of the design. We are also looking at a variety of fundraising options and are keen to hear from anyone who can help.

KAYAK ERGOMETER

Thanks to North & South Trust Ltd and fundraising from the regatta catering we have our own Dansprint kayak Erg. So all those parents who baked feel free to get on the erg and have a work out! We already know some of you love it – eh Sue.



Sue and Dan at Nationals 2015

NON-SLIP FLOOR

Concern had been raised over the slippery club floor. With our enthusiastic new committee members we now have a non-slip covering. Great job Dan, Simon, Gav, Aaron and to Jude & Steve for the heater. Thanks to Trish and Denis for sourcing the products.



KRAZY KAYAK SERIES

North Shore is hosting a race on 20th August at Greenhithe. Hoping for a great turnout with a different venue. Trailer will be going. Registrations open now. If you are able to help on the day or provide any baking let us know. Race start 8am (registrations 7:30am). More details to come.

- 5km Tyro
- 5km U14, U16 & waka ama
- 10km U18, Open, Masters, Ski, Multisport & K2

Krazy kayak champs is in Rotorua on Sat 27th August at Lake Okareka, Rotorua. 11am start.

MORE DATES FOR YOUR CALENDAR (these competitions are for all levels, novice to elite)

- Blue Lakes 1, 8 & 9 October – Rotorua
- Blue Lakes 2, 4 & 5 December – Rotorua
- NZCT New Zealand Canoe Sprint Championships, 17 – 19 February - Karapiro

We now also have an open facebook page – please like us



Join the NSCC facebook page

