

# North Shore Canoe Club

## News Update March 2016

<http://www.northshorecanoeclub.org.nz/>



In this update

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*Lots of important  
info so please read  
to the end!*



U18 Women's K4 Bronze



Open Women's K4 200m winners



These are our new mascot



Open Women's K4 500m winners

### NATIONAL SPRINT CHAMPS 2016

U18 Men's K4 Bronze



Fun mixed K4

There was a lot of fun (as you will see from the photos) as well as some great paddling at Nationals. Well done to Taine, Te, James, Jonah, Bryan and Brodie who raced their first sprint competition, and also to John who has returned after a wee break. Several athletes are now preparing for selections next weekend. All the best. We also raised just under \$600 with the catering. Thanks to those who helped out over the weekend. It was needed and appreciated.

Full results available <http://www.liveresults.co.nz/crnz>

### OCEANIA CHAMPS



On the left are three of our athletes, Rochelle, Ashton & Sama at the recent Oceania Champs in Adelaide. Amongst the spray on the right is Craig and Scott on their way to qualifying a men's K2 boat for the Olympics. Top right is Briar & Rebecca, 5<sup>th</sup> in Open K2 200m. Exciting racing!



### **PRIZE GIVING**

We have our club prize giving on the 2<sup>nd</sup> April at 5pm. This is a fun evening to celebrate all that has happened during the year. We hope you and your families can make it. New members come along too and meet some other club members. RSVP please so we know how many sausages & ice-cream cones to buy. If you have a trophy from last year can you please return to the club as soon as poss.

### **ANNUAL GENERAL MEETING**

The AGM is happening on Monday 18<sup>th</sup> April. Separate information will be emailed out. We need more committee members so think about whether this is something you could do. Our president, Mark Lockwood, regretfully resigned in January and that position is currently vacant.

### **COACHING UPDATE**

The funding that paid Jamie Slessor-White is now completed. Thank you Jamie for the work you have done for our junior athletes. Junior coaching continues with Libby on Wed afternoons and Sat mornings with Aaron, along with an adult beginner session on Wed at 5:30pm. Please remember that morning sessions are running Mon-Sat and we encourage developing athletes to transition to these sessions. Please feel free to discuss with the coaches.



### **MEMBERSHIP FEES**

The membership fees are being increased by \$10 for the 2016/2017 season (\$5 for second family members). This is to help cover the cost of the water bills which the Council are now passing onto the club. This is an additional \$200 - \$300/month. Conserving water where possible is also required.

### **STORAGE RACKS**

If you know you will not be requiring a storage rack for the new season please let me know, also those who anticipate they will want a new rack or a lower rack. This will help with planning and try to meet everyone's needs.



### **INTRODUCTION SESSIONS**

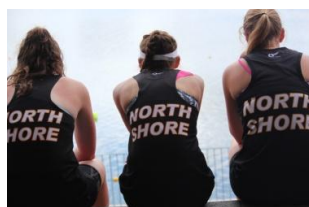
If you have friends who might be interested in paddling encourage them to come on Saturday morning at 7:15am for an introductory session. Any ages welcome. Email us to let us know. They can have a few goes before deciding to join. We do need them to complete an introductory form for safety reasons. These are with the coaches.

### **LIFE JACKETS / PFDs**

A reminder that the club's safety plan requires that all athletes 14 years and under (irrespective of their swimming ability) must wear a PFD whenever paddling.

### **BUILDING LEASE & UPGRADE**

We are now scheduled for the April Agenda for the Council to discuss our lease application and building extension. We will continue to keep you updated.



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